

Expert Expo Worksheet

Instructions: Use this worksheet to jot down notes on the demographics to consider for each target population and problems within each target population during the Expert Expos

Target Population: Youth (ages 0-17)

Presenters:

- Dr. John F. Greden
Rachel Upjohn Professor of Psychiatry and Clinical Executive Director, University of Michigan Depression Center, Research Professor, Molecular and Behavioral Neuroscience Institute
- Stephanie Salazar, MPH
Program Manager, University of Michigan Depression Center

Notes & Insights on Barriers:

Stigma <i>People may be hesitant to seek mental health services because it may adversely affect them</i>	
Information <i>People may not know where to get help</i>	
Access <i>People may not be able to afford services, get prompt appointments or physically get to a provider</i>	
Quality <i>People do not always get the quality of care they need</i>	
Demographic Considerations <i>Other insights</i>	

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Target Population: Young Adults (ages 18-35)

Presenter: Dr. Christopher Archangeli
Assistant Professor & Assistant Program Director, Department of Psychiatry
Central Michigan University College of Medicine

Notes & Insights on Barriers:

Stigma <i>People may be hesitant to seek mental health services because it may adversely affect them</i>	
Information <i>People may not know where to get help</i>	
Access <i>People may not be able to afford services, get seen promptly or physically get to a provider</i>	
Quality <i>People do not always get the quality of care they need</i>	
Demographic Considerations <i>Other insights</i>	

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Target Population: Middle-Aged Adults (ages 36-64)

Presenter: Dr. Kai Anderson

Assistant Professor & Psychiatry Clerkship Director, Department of Psychiatry
Central Michigan University College of Medicine

Notes & Insights on Barriers:

Stigma <i>People may be hesitant to seek mental health services because it may adversely affect them</i>	
Information <i>People may not know where to get help</i>	
Access <i>People may not be able to afford services, get prompt appointments or physically get to a provider</i>	
Quality <i>People do not always get the quality of care they need</i>	
Demographic Considerations <i>Other insights</i>	

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Target Population: Senior Adults (ages 65+)

Presenter: Dr. Asif Khan

Assistant Professor & Associate Program Director, Department of Psychiatry
Central Michigan University College of Medicine

Notes & Insights on Barriers:

Stigma <i>People may be hesitant to seek mental health services because it may adversely affect them</i>	
Information <i>People may not know where to get help</i>	
Access <i>People may not be able to afford services, get prompt appointments or physically get to a provider</i>	
Quality <i>People do not always get the quality of care they need</i>	
Demographic Considerations <i>Other insights</i>	

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Target Population: Mental Health Care Providers

Presenter: Dr. Furhut Janssen

Assistant Professor & Program Director, Department of Psychiatry
Central Michigan University College of Medicine

Notes & Insights on Barriers:

Stigma <i>People may be hesitant to seek mental health services because it may adversely affect them</i>	
Information <i>People may not know where to get help</i>	
Access <i>People may not be able to afford services, get prompt appointments or physically get to a provider</i>	
Quality <i>People do not always get the quality of care they need</i>	
Demographic Considerations <i>Other insights</i>	